



**CONFIDENTIAL HEALTH HISTORY FORM**

Thank you for taking the time to share this important information about yourself!

Today's date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Reason for this visit? \_\_\_\_\_

Date symptoms/problem started: \_\_\_\_/\_\_\_\_/\_\_\_\_

Cause of symptoms?  Injury  Unknown  
 Work Related? Yes/No Has a claim been filed with employer? Yes/No  
 Motor vehicle accident Lawsuit Pending? Yes/No  
 Other \_\_\_\_\_

Are you experiencing any pain?  No  Yes If yes, please respond below:

Where is the pain located? \_\_\_\_\_

How intense is the pain?

|           |                        |       |                  |
|-----------|------------------------|-------|------------------|
| At best:  | None                   | _____ | Severe/emergency |
|           | 0 1 2 3 4 5 6 7 8 9 10 |       |                  |
| At worst: | None                   | _____ | Severe/emergency |
|           | 0 1 2 3 4 5 6 7 8 9 10 |       |                  |
| Now:      | None                   | _____ | Severe/emergency |
|           | 0 1 2 3 4 5 6 7 8 9 10 |       |                  |

How long have you had the pain? \_\_\_\_\_ Years \_\_\_\_\_ Months \_\_\_\_\_ Weeks \_\_\_\_\_ Days

How often do you experience the symptoms?  Constantly  Intermittently

What does the pain feel like? \_\_\_\_\_

What is an acceptable level of pain? None \_\_\_\_\_ Severe/emergency  
0 1 2 3 4 5 6 7 8 9 10

Do your symptoms interfere with any of the following?  Work  Sleep

How are your symptoms changing?  Not changing  Getting better  Getting worse

**Falls Screen:** How many times have you fallen in the past year? 0 1 2 3 4 5 5+

If you have fallen in the past year, did any of these falls result in injury? N/A Yes No

Have any tests been performed related to the **current symptoms**?

| <u>Type of test</u>                | <u>Date of test</u> | <u>Results</u> |
|------------------------------------|---------------------|----------------|
| <input type="checkbox"/> MRI       | ____/____/____      | _____          |
| <input type="checkbox"/> X-ray     | ____/____/____      | _____          |
| <input type="checkbox"/> Bone scan | ____/____/____      | _____          |
| <input type="checkbox"/> CT scan   | ____/____/____      | _____          |
| <input type="checkbox"/> EMG       | ____/____/____      | _____          |
| <input type="checkbox"/> _____     | ____/____/____      | _____          |
| <input type="checkbox"/> _____     | ____/____/____      | _____          |

Do you have any of the following habits?

|              |  |                   |                     |
|--------------|--|-------------------|---------------------|
| Smoking:     | <input type="checkbox"/> No <input type="checkbox"/> Yes | Packs/day _____   | For how long? _____ |
| Alcohol:     | <input type="checkbox"/> No <input type="checkbox"/> Yes | Drinks/week _____ | For how long? _____ |
| Caffeine:    | <input type="checkbox"/> No <input type="checkbox"/> Yes | Amount/day _____  | For how long? _____ |
| High stress: | <input type="checkbox"/> No <input type="checkbox"/> Yes | Reason _____      |                     |

Please provide a list of all prescription and over-the-counter medications, vitamins, herbals, minerals, and dietary supplements: (If additional space is needed, please request another form.)  None

Medication

Dosage

---



---



---



---

Do you have any allergies?  No known allergies  Yes If yes, explain:

List allergy

Type of reaction

---

Patient height: \_\_\_\_\_ ' \_\_\_\_\_ "

Patient weight: \_\_\_\_\_ lbs.

Place a check next to the appropriate condition if you have been diagnosed with or experienced any of the following: (if you check any box, please provide detail below)

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Anemia   | <input type="checkbox"/> Arthritis (osteo/RA)  | <input type="checkbox"/> Back Problems                 |
| <input type="checkbox"/> Breathing problems (ex. asthma, COPD, emphysema)     | <input type="checkbox"/> Cancer                | <input type="checkbox"/> Blood in urine                |
| <input type="checkbox"/> Broken bones/fractures                               | <input type="checkbox"/> Chest pain            | <input type="checkbox"/> C-section                     |
| <input type="checkbox"/> Circulation problems                                 | <input type="checkbox"/> Diabetes              | <input type="checkbox"/> Chronic fatigue               |
| <input type="checkbox"/> Depression   | <input type="checkbox"/> Epilepsy              | <input type="checkbox"/> Dizziness                     |
| <input type="checkbox"/> Earache  | <input type="checkbox"/> Gall bladder problems | <input type="checkbox"/> Fainting                      |
| <input type="checkbox"/> Fibromyalgia   | <input type="checkbox"/> Head injury           | <input type="checkbox"/> GERD (reflux/heartburn)       |
| <input type="checkbox"/> Headaches/migraines                                  | <input type="checkbox"/> Hernia                | <input type="checkbox"/> Hearing problems              |
| <input type="checkbox"/> Heart problems/CHF                                   | <input type="checkbox"/> Irregular heart beat  | <input type="checkbox"/> High/low blood pressure       |
| <input type="checkbox"/> Hot flashes  | <input type="checkbox"/> Kidney disease        | <input type="checkbox"/> Joint/muscle pain             |
| <input type="checkbox"/> Joint replacement(s)                                 | <input type="checkbox"/> Mental health issues  | <input type="checkbox"/> Loss of bladder/bowel control |
| <input type="checkbox"/> Liver disease/jaundice/hepatitis                     | <input type="checkbox"/> Night sweats          | <input type="checkbox"/> Multiple Sclerosis            |
| <input type="checkbox"/> Neck problems  | <input type="checkbox"/> Pacemaker             | <input type="checkbox"/> Numbness/tingling             |
| <input type="checkbox"/> Osteoporosis   | <input type="checkbox"/> Pregnancy             | <input type="checkbox"/> Pinched nerve                 |
| <input type="checkbox"/> Pelvic pain  | <input type="checkbox"/> Stroke/TIA            | <input type="checkbox"/> Ringing in ears               |
| <input type="checkbox"/> Scoliosis/spinal curvature                           | <input type="checkbox"/> Tumors/growth/lumps   | <input type="checkbox"/> Swelling                      |
| <input type="checkbox"/> Thyroid disease                                      | <input type="checkbox"/> Urinary/bowel urgency | <input type="checkbox"/> Ulcers                        |
| <input type="checkbox"/> Urinary/bowel frequency                              | <input type="checkbox"/> Weakness              | <input type="checkbox"/> Urinary tract infections      |
| <input type="checkbox"/> Vision problems                                      |  | <input type="checkbox"/> Weight loss/gain              |
| <input type="checkbox"/> Prostate problems – Radioactive seeds implanted? Y/N |  |  |

If you checked any of the previous conditions, please provide detail below:

(If additional space is needed, please request another form.)

Condition

When

Treatment received

Ongoing problems?

---



---



---

Please list all surgeries you have had: (If additional space is needed, please request another form.)

Surgery

Date of surgery

Hospitalization dates

---



---



---

**Patient/Guardian Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**This health history form has been reviewed and edited by:** \_\_\_\_\_

**Date:** \_\_\_\_\_